



## **INTERNATIONAL TEACHERS NETWORK OF KAIVALYADHAMA LONAVLA**

**Statement of purpose:** Kaivalyadhama is the oldest Yoga institute that has validated, by means of scientific research the efficacy of yogic practices in terms of definition, proper techniques and results. It was established in the year 1924 by Swami Kuvalyananda ji. It is an institute, which follows the classical school of Yoga and considers Patanjali Yoga Sutras and Svatiaram's Hathpradipika as its main source of teaching besides other traditional texts. With numerous styles of yoga out there, that are not supported by textual references but by customer demand and needs, Kaivalyadhama has decided to shoulder the responsibility of spreading the message of its founder to farthest corner of the world.

Steps Involved:

Set up of International Teachers Network:

1. Those individuals who have been students of Kaivalyadhama Yoga Institute and have completed a Certificate/Diploma course/Advanced Teachers Training Course would be eligible/welcome to enroll as Kaivalyadhama International Teachers Network.
2. Each individual shall fill up the application form. Upon agreeing to the terms and conditions and after the verification process it would take 30 days to approve the membership.
3. It is their interest that the registered teachers keep on updating their knowledge and keep pace with the progress in the field of Yoga Research & self training under the parent organization. As a member the registered teacher will need to undertake a seven-day orientation program at any of the approved centers on campus or on line.
4. The names of the teachers registered in the international teachers network will be displayed on the website of the institutions and pertinent websites.
5. The registered teachers will get 15% discount on publications of Kaivalyadhama including Audio - Video , 15 % discount on their stay at the Lonavla centre and 10 % discount to Yoga Students whom they recommend to the institute, on their lodging and boarding charges. They shall receive free copy of the newsletter and online copy of the Yoga Mimamsa Research Journal.
6. The membership fee is \$100/year. A lifetime membership of \$1200.00



7. Kaivalyadhama Institutions shall recommend you, to those students who are returning after

their stay / practice in any of the centers of Kaivalyadhama.

8. The teachers shall keep important publications of Kaivalyadhama in the centres for ready reference.

9. The teachers may write Member - Kaivalyadhama Teachers Network on their visiting card or official letterhead.

10. In near future there would be chapters of the network in various continents which will facilitate and coordinate the progress of the network.



**APPLICATION FOR BEING REGISTERED AS KAIVALYADHAMA TEACHERS NETWORK**

Name:

Address:

Phone:

Fax:

Email:

Details of the course completed:

Year of completion of course:

Course completed from:

Attached is a sheet with summary of the work you are doing:



I have read the terms and conditions of being registered in the Kaivalyadhama Teachers Network. I agree with it and shall abide by it. I shall follow the principles of classical Yoga based on scientific foundation to teach Yoga to individuals.

Date:

Signature

AGREEMENT BETWEEN KAIVALYADHAMA YOGA INSTITUTE, LONAVLA, INDIA AND  
\_\_\_\_\_ TO BE REGISTERED AS A KAIVALYADHAMA'S  
INTERNATIONAL TEACHERS NETWORK

Kaivalyadhama Yoga Institute is the pioneer in Scientific & Philosophico Literary Research, Training and Therapy in the field of Yoga. It was established in the year 1924 by Swami Kuvalyananda. It is an institute, which follows the classical school of Yoga and considers Patanjali Yoga Sutra and Hathpradipika as its main source of teaching apart from other traditional texts. It has imbibed the scientific research as an important component of its teaching. The world is witness of a variety of Yoga being propagated. At this juncture, it is important that Kaivalyadhama shoulders the responsibility to reach the message of its founder to farthest corner of the world, with an aim to enhance physical, mental, emotional and spiritual health of the practitioner.

With the aim of spreading the message of Swami Kuvalyananda the founder of Kaivalyadhama Yoga Institute we agree to be part of the Teachers Network with following conditions

1. I will follow the principles of Patanjali as foundation for imparting our teachings of Yoga.
2. For references we shall use the classical Yoga texts such as Patanjali Yoga Sutra, Hathpradipika, Ghrehda Samhita, Vashita Samhita etc.



3. Once in a year I will attend the orientation programme either at Kaivalyadhama Lonavla or at centre where in is organised or online, to enhance my knowledge in recent research trend and deeper understanding of texts.
4. I may display the photo of Swami Kuvalyananda in the centre where the classes are being conducted.
5. The link of the website [www.kdham.com](http://www.kdham.com) shall be displayed on my centres Web site.
6. Kaivalyadhama will offer discount of 15% on publications of Kaivalyadhama including Audio - Video, 15 % discount on their stay at the Lonavla centre and 10 % discount to Yoga Students whom we recommend to the institute, on their lodging and boarding charges. I shall receive free copy of the newsletter and online copy of the Yoga Mimamsa Research Journal.
7. I am not authorized to sign any certificate on behalf of Kaivalyadhama Yoga Institutions. The registration in the network is a recognition by Kaivalyadhama Yoga Institute about my ability to teach Yoga in the classical tradition and further to be part of the extended family to promote message of Swami Kuvalyananda to the world. I understand that as network teacher I am allowed to write “ Member – Kaivalyadhama’s International Teachers Network” and display the Kaivalyadhama Logo.
8. My name and email will be displayed on the [www.kdham.com](http://www.kdham.com) as registered Teacher.
9. My name may be referred to Yoga practitioners who practiced at lonavla and would like to continue in my country/region.
10. I shall pay US\$ 100 per year as registration fees.



11. It is agreed that the primary focus of this agreement is to stay updated with the growth in the field of Yoga Research, Training and Therapy and share the knowledge and experience with Yoga sadhakas who have learnt under the same lineage. Our self – practice and focus on the Yama & Niyama will be our guiding force.
12. This agreement inherently is in good faith and for good cause. Either party can with-draw from the same with 7 days notice. Upon withdrawal, teacher's name will be taken off the registration list and upon such withdrawal, condition 3(three),6(six),7(seven), 8(eight),9(nine),10(ten) will be cease to operate.

Signature of applicant:

Secretary  
Kaivalyadhama Lonavla

Date:

#### STEPS TO BECOME A MEMBER

**STEP 1:** Fill in the application form and send it to “ Secretary Kaivalyadhama S.M.Y.M.Samiti, Swami Kuvalyananda Marg, Lonavla 410403, India” by post or email scanned application form to [info@kdham.com](mailto:info@kdham.com)

**STEP 2:** Within 30 days you will hear about the status of your application. Essentially it will go through a following process;



1. Reference check of the person who has applied from the centre he has completed the course.
2. Checking of his performance during the course.
3. Recommendations if any

#### COMMITTEE THAT WOULD DECIDES APPLICATION

1. Secretary Kaivalyadhama S.M.Y.M.Samiti
2. Joint Director S.M.Y.M.Samiti
3. Principal G.S.College of Yoga and Cultural Synthesis
4. Branch Head / Representative from where the student has completed the course.
5. Expert / Reference if needed.

#### **STEP 3:**

The decision will be conveyed to the applicant. If membership is granted the applicant needs to pay US\$ 100 as membership fees and sign the agreement and send it by post or as a scan on email. The same will be returned countersigned by the authorities.